What would you do with an extra Hour a day?....

A one day intensive workshop for Team Leaders and Managers that gives you....

The Secrets of Managing Time

Objectives

At the end of this programme, participants will have:

- Set clear priority areas and confirmed goals
- Learned a variety of practical techniques to plan and organize
- Understood the difference between important and urgent items
- Learned techniques for time efficient meetings
- Gained techniques to minimize 'time stealers' and manage interruptions
- Learned how to use Microsoft Outlook effectively
- Understood the need to achieve a good work/life balance

Course Design

The programme includes:

- Short input sessions and video clips
- Case studies for group discussion
- Practical group / individual exercises relating to people's actual work priorities
- Individual action planning to implement learning

Learning Reinforcement

Prior to the course: Each participant must discuss/define specific time management learning objectives with their line manager – and be ready to share them.

After the course: Each participant leaves with a personal action plan to take back in to the work place to implement and review with their line manager.

Call us now

on 07702 110676
to discuss how this workshop
could work for you
or
email: contact@martin-smith.biz

www.martin-smith.biz

Commitment isn't the time you spend

It's a line you cross!

